









VIDEO TUTORIAL

① Important!

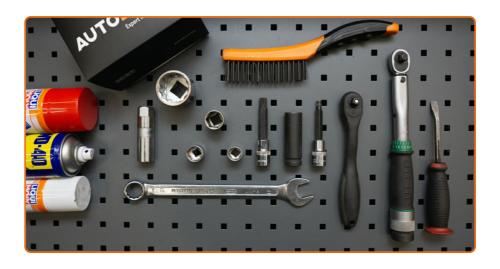
This replacement procedure can be used for: VW POLO (6R1, 6C1) 1.6, VW POLO Saloon (602, 604, 612, 614) 1.6

The steps may slightly vary depending on the car design.

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REPLACEMENT: COIL SPRINGS – VW POLO 5. TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #21
- HEX bit No.H6.
- XZN socket bit # 14
- Drive socket # 16
- Drive socket # 18
- Drive socket # 21
- Drive socket # 36

- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Tap wrench
- Shock absorber socket
- Crow bar
- Hydraulic strut spring compressor
- Hydraulic transmission jack
- Fender cover
- Wheel chock

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Replacement: coil springs – VW Polo 5. AUTODOC experts recommend:

- Both coil springs of the front suspension should be replaced simultaneously.
- The replacement procedure is identical for the left and right coil springs of the front suspension.
- All work should be done with the engine stopped.

REPLACEMENT: COIL SPRINGS – VW POLO 5. TAKE THE FOLLOWING STEPS:

1



Open the bonnet.

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Use a fender protection cover to prevent damaging paintwork and plastic parts of the car.

3



Remove the cowl grille seal.

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Raise up and remove the cowl grille.

5



Remove the shock strut mount cap.

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Clean the fasteners of the shock strut upper mount. Use a wire brush. Use WD-40 spray.

7



Loosen the upper fastener of the shock strut mount. Use a combination spanner #21. Use HEX No.H6. Use a ratchet wrench.

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Secure the wheels with chocks.

9



Loosen the wheel mounting bolts. Use wheel impact socket #17.

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Raise the front of the car and secure on supports.

11



Unscrew the wheel bolts.

Replacement: coil springs – VW Polo 5. Tip:

• To avoid injury, hold up the wheel when unscrewing the bolts.

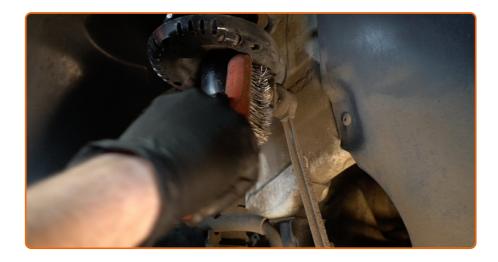
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Remove the wheel.

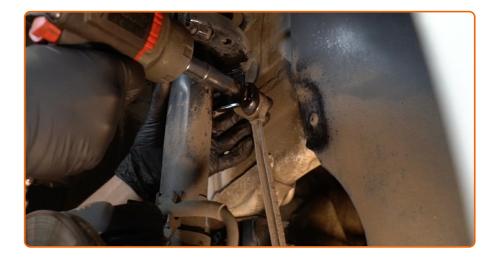
13



Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

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Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #16. Use a ratchet wrench.

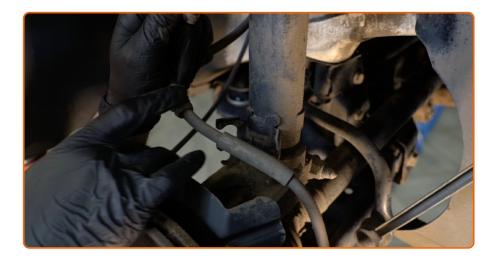
15



Remove the stabilizer rod.

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Disconnect the wiring and the brake hose from the bracket on the shock strut. Use a crowbar.

17



Loosen the fastener of the driveshaft. Use a drive socket #36. Use a tap wrench.

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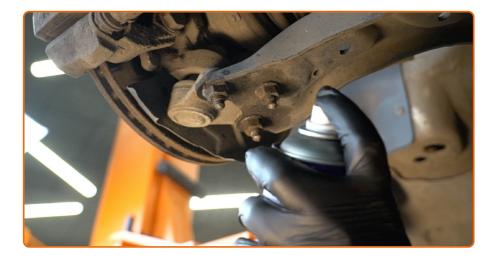
Clean the fasteners connecting the shock strut to the steering knuckle. Use a wire brush. Use WD-40 spray.

19



Unscrew the lower fastener connecting the shock strut to the steering knuckle. Use XZN #14. Use a drive socket #18. Use a tap wrench. Use a ratchet wrench.

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Clean all joints of the arm. Use a wire brush. Use WD-40 spray.

AUTODOC recommends:

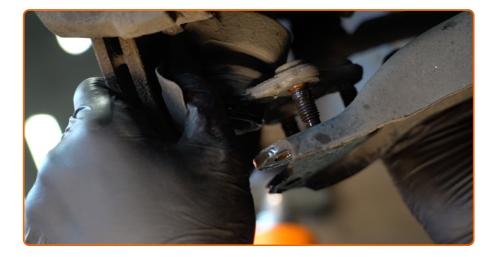
- Replacement: coil springs VW Polo 5. After applying the spray, wait a few minutes.
- Wear protective goggles.

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Unscrew the fastener connecting the ball joint to the suspension control arm. Use a drive socket #16. Use a ratchet wrench.

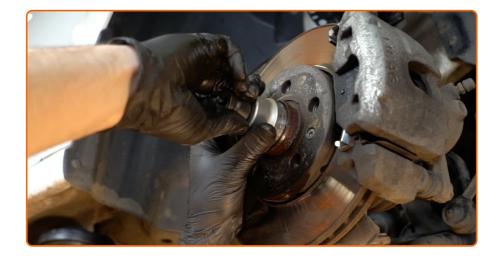
22



Disconnect the spherical joint from the arm.

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Unscrew the fastener connecting the drive shaft to the wheel hub. Use a drive socket #36.

24



Remove the drive shaft.

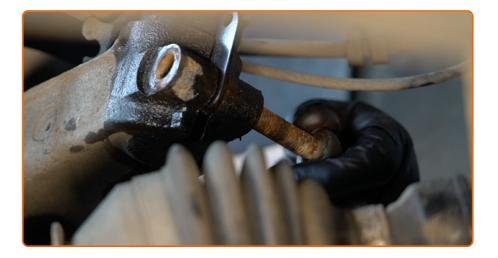
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Prop up the steering knuckle. Use a hydraulic transmission jack.

26



Remove the fastening bolt.

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Release the lower fastener connecting the shock strut to the steering knuckle. Use a special drive socket to remove the shock absorber. Use a ratchet wrench.

28



Disconnect the steering knuckle from the shock absorber strut.

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Unscrew the top fastening of the shock strut mount.

Replacement: coil springs – VW Polo 5. AUTODOC recommends:

 To avoid injuries, hold the shock strut when undoing the fastening bolts.

30



Remove the suspension strut.

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Set the shock absorber strut on the spring compressor tool.

Replacement: coil springs – VW Polo 5. Tip from AUTODOC experts:

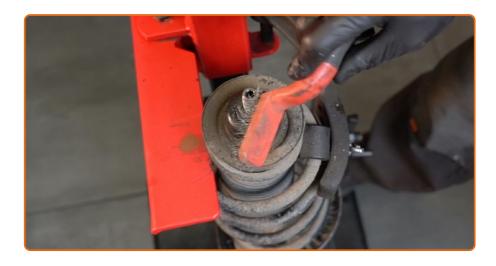
- Note that when using a spring compressor, spring coils need to be securely gripped, compressing the spring on the opposite sides.
- Ensure the correct position of the spring in the retainer.
- Make sure that the spring coils tightly entered the lock handles.

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Compress the spring.

33



Treat the shock strut rod. Use a wire brush. Use WD-40 spray.

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Remove the strut piston rod nut. Use HEX No.H6. Use a drive socket #21. Use a ratchet wrench.

35



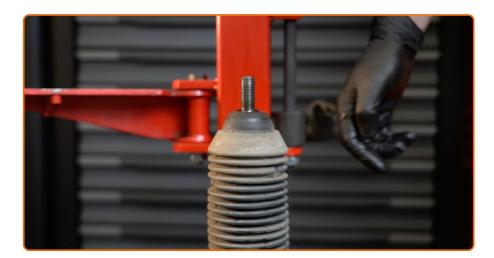
Remove the top strut mount.

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Release the coil spring.

37



Remove the spring.

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Remove the shock absorber dust cap and the bump stop.

AUTODOC recommends:

 Replacement: coil springs – VW Polo 5. Carefully inspect the mount, the boot, and the bump stop of the shock absorber. Replace if necessary.

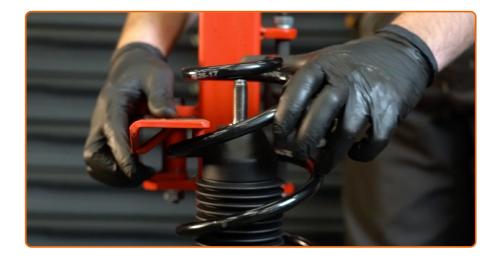
39



Install the boot and a bump stop onto the shock absorber.

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Install the spring on the shock absorber.

41



Compress the spring.

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Install the upper strut mount and the strut mount bearing.

43



Tighten the shock strut piston rod nut. Use a drive socket #21. Use HEX No.H6. Use a torque wrench. Tighten it to 60 Nm torque.

Replacement: coil springs – VW Polo 5. Tip from AUTODOC:

 Check to make sure the spring is positioned correctly. Avoid its misalignment.

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Treat the shock strut rod. Use copper grease.

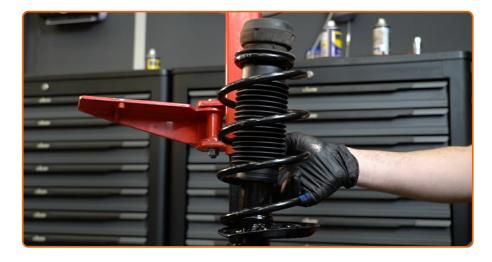
45



Decompress the spring.

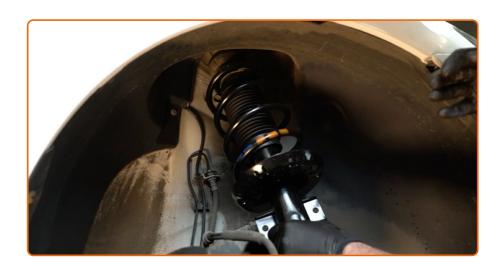
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Remove the assembled shock strut.

47



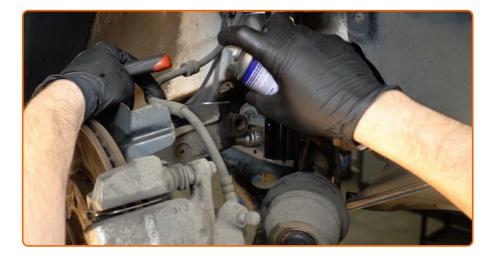
Install the shock strut into the wheel arch. Screw the top fastening of the shock strut mount. Do not tighten it.

AUTODOC recommends:

 Important! Hold the suspension strut while screwing in the fastening bolts. VW Polo 5

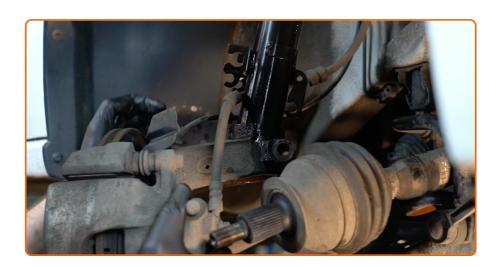
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Treat the shock strut mounting seat on the steering knuckle. Use a wire brush. Use WD-40 spray.

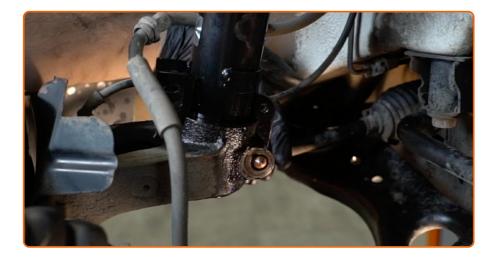
49



Fix the shock absorber strut on the steering knuckle.

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Install the fastening bolt.

51



Clean the splines of the drive shaft CV joint. Use a wire brush. Use WD-40 spray.

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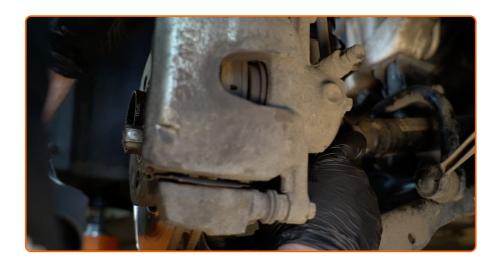


Remove the support from under the steering knuckle.

AUTODOC recommends:

 Replacement: coil springs – VW Polo 5. Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

53



Mount the drive shaft into the wheel hub.

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Attach the ball joint to the control arm.

55



Screw the fasteners of the ball joint. Use a drive socket #16. Use a ratchet wrench.

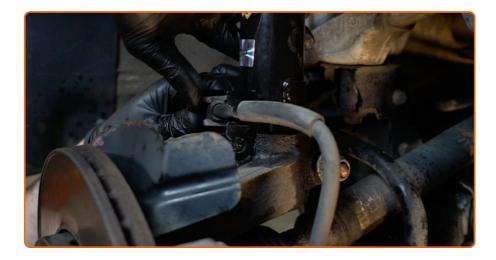
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Screw the nut of the drive shaft. Use a drive socket #36. Use a ratchet wrench.

57



Fasten the brake hose on the strut. Connect the fastener of the ABS sensor cable to the shock absorber strut. Use a crowbar.

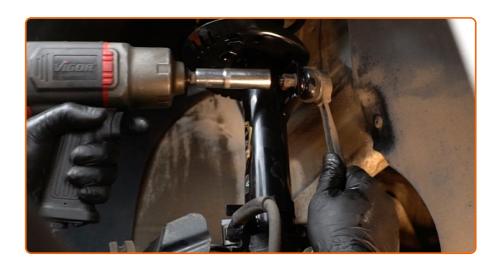
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Install the transverse stabilizer link.

59



Tighten the stabiliser link fastener. Use a drive socket #16. Use a ratchet wrench.

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Tighten the lower fasteners connecting the shock strut to the steering knuckle. Use a drive socket #18. Use XZN #14. Use a torque wrench. Tighten it to 85 Nm torque.

61



Tighten the ball joint fastener. Use a drive socket #16. Use a torque wrench. Tighten it to 50 nm torque.

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Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #16. Use a torque wrench. Tighten it to 60 Nm torque.

63



Tighten the drive shaft nut. Use a drive socket #36. Use a torque wrench. Tighten it to 155 Nm torque.

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Treat the shock strut fasteners. Treat all joints of the arm. Use copper grease.

65



Treat the surface where the brake disc contacts the wheel rim. Use copper grease.

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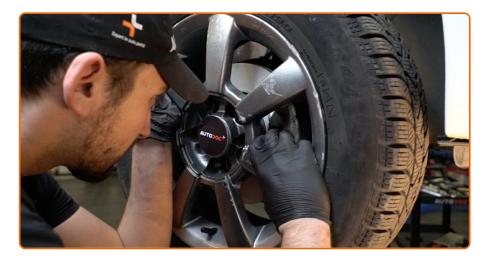


Clean the brake disk surface. Use a brake cleaner.

Replacement: coil springs – VW Polo 5. AUTODOC experts recommend:

• After applying the spray, wait a few minutes.

67



Install the wheel.

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Replacement: coil springs – VW Polo 5. Tip:

 To avoid injury, hold up the wheel when screwing in the fastening bolts.

68



Screw in the wheel bolts. Use wheel impact socket #17.

69



Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.

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Remove the jacks and chocks.

/1



Tighten the upper fastener of the shock absorber strut mount. Use a combination spanner #21. Use a drive socket #21. Use HEX No.H6. Use a torque wrench. Tighten it to 50 nm torque.

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Install the shock strut mount cap.

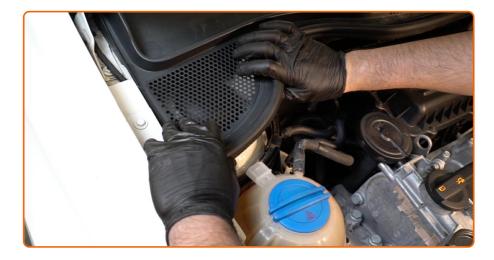
73



Install and secure the cowl grille.

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Install the cowl grille seal.

75



Remove the fender protection cover.

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Close the hood.

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DID YOU FIND THESE INSTRUCTIONS HELPFUL?

YES

NO

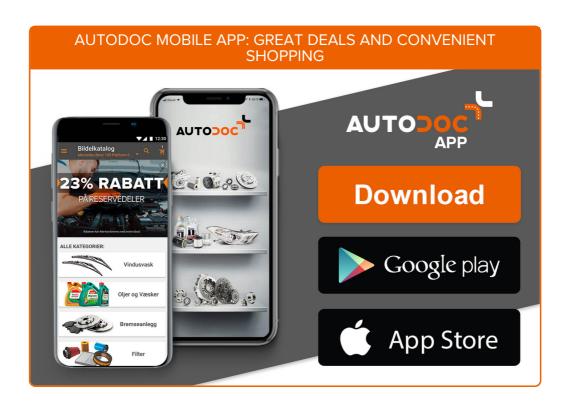


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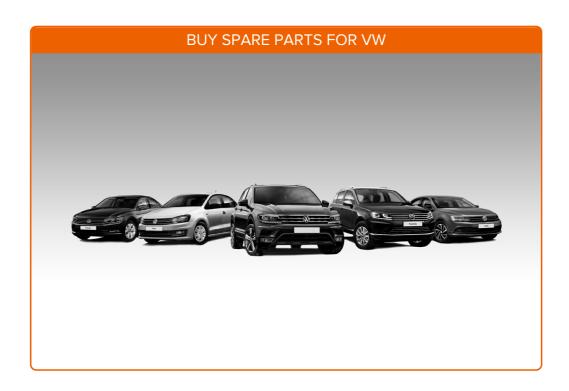
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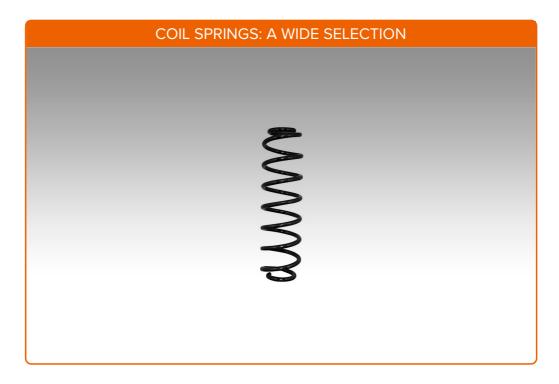




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